

1. What is the life expectancy in your country?
 2. How old would you like to live?
 3. Why do some people live so long?
 4. What is your idea of a healthy diet?
 5. Would you say that you have a healthy diet?
 6. How many hours do you sleep every night? How many hours should we sleep?
 7. Healthy food always tastes bad. Do you agree?
 8. Have you ever been on a diet to improve your health? Did it work?
 9. What should you do when you have a bad cold?
 10. What things are most damaging to a person's health?
 11. Why are more and more people in the world becoming obese?
 12. Can the government do anything to improve people's health?
 13. Do you think a public or private health care system is better?
 14. What do you think of the quality of the health care system in your country?
 15. What do you think about the quality of air in your city? Is it a problem?
 16. What is the best way to exercise and keep fit?
 17. Do you think people are healthier today than 50 years ago?
 18. Will we discover the secret of eternal life one day? Would it be a good thing?
 19. Is it necessary to be healthy in order to be happy?
 20. Do you think vegetarianism or veganism are healthy?
 21. What do you think about alternative medicine such as acupuncture or homeopathy?
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